



# SAGE ENGAGED

Where Life Writes Its Own Stories

## CONTACT US

Sage Haven Society

T: 250-724-7111

F: 250-724-7113

E: [office@acaws.ca](mailto:office@acaws.ca)

## 16 Days of Activism

The 16 Days of Activism against Gender-Based Violence is an annual International campaign from November 25, the International Day for the Elimination of Violence against Women, and runs until December 10, Human Rights Day. The global theme for this year's 16 Days of Activism is UNITE! Activism to end violence against women and girls.

The death of Mhasa Amini has gained global attention. Many people in Iran are risking their lives to fight for an end to Gender-Based Violence. We as individuals and collectively must do our part.

# OPEN HOUSE

**Tuesday, December 6th**

**11:00 a.m. to 1:00 p.m.**

MEET OUR STAFF

LEARN ABOUT OUR PROGRAMS

TAKE A TOUR OF OUR OFFICE

Call us, and let us know if you are attending: **250-724-7111 ext.101**

## 16 ways to end gender-based violence

1. **Acknowledge the problem**
2. **Stop victim shaming / blaming**
3. **Be alert to non-physical violence**
4. **Avoid gender stereotypes**
5. **Challenge social norms**
6. **Remove negative stigma**
7. **Educate youth**
8. **Know the risks**
9. **Know what to do if someone asks for help**
10. **Engage men and boys**
11. **Recognize triggers**
12. **Take action**
13. **Promote gender diversity in workplaces**
14. **Highlight positive role models**
15. **Support shelters**
16. **Put safety first**

### Transition House

T: 250-724-2223  
C (or text): 250-206-1011  
E: [patransitionhouse@acaws.ca](mailto:patransitionhouse@acaws.ca)

### Women's Counselling

T: 250-736-0708  
C (or text): 250-730-1694  
E: [nicolec@acaws.ca](mailto:nicolec@acaws.ca)

### Children's Counselling

T: 250-736-0706  
C (or text): 250-206-1108  
E: [celines@acaws.ca](mailto:celines@acaws.ca)



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## Our Housing Manager ~ Cindy Blake

Cindy Blake has worked at Sage Haven Society for 28 years

supporting woman and children fleeing domestic violence.

With a staff of 12, Transition House maintains a 24-hours, seven days a week service to families and women in need. The house is a 30-day communal style facility that can house up to five families or nine individuals. Besides safe and comfortable housing, we offer support and advocacy, referrals, transportation, meals, childcare, pet care, and access to donated household item. Cindy is very proud of the growth in this program. With the updates, Transition House can better serve individuals with care, compassion and without judgement on the choices they make.

Sage Haven is working on a new project with BC Housing. It is a 22-unit second stage housing complex for families who have experienced violence. This will be independent housing where families can get support and help to live a violence free life. Programs such as counseling, education and life skills, will be offered to help families become more independent and self-sufficient during their six month to 18 month stay.

## Our Wish list

On top of our wish list is for everyone to have a Happy Holiday, free of violence and abuse.

We would also like our clients to feel valued and cared for. We are looking for businesses and individuals to help us spread a little cheer this Holiday Season.

Sage Haven Society is putting together stockings for individuals and hampers for families in need.

If you would like to sponsor a family or individual for Christmas please contact Tracy at 250.736.0705 or email [tracym@acaws.ca](mailto:tracym@acaws.ca).

## Season's Greetings



From all of us at  
Sage Haven Society

### Victim Services Program

T: 250-736-0704  
C (or text): 250-735-7111  
E: [sarahh@acaws.ca](mailto:sarahh@acaws.ca)

### Sexual Assault Response

T: 250-736-0707  
C (or text): 250-206-2687  
E: [francesw@acaws.ca](mailto:francesw@acaws.ca)

### Outreach Services

T: 250-736-0712  
C (or text): 250-720-7232  
E: [harrenag@acaws.ca](mailto:harrenag@acaws.ca)